

A CME and CE Workshop for Physicians and Licensed Health Care Professionals On:

The Diabetic Foot: “Wounds, Amputations and Prevention — Primary Care Perspectives”

Presentation Overview

This course will provide an in-depth examination of common diabetic foot conditions that are frequently overlooked but can lead to severe complications, including amputations. Participants will be introduced to a straightforward diabetic foot examination guideline designed for use in primary care settings to support early detection and intervention.

The course will also present statistical data on diabetes-related limb loss, highlighting disparities across racial and ethnic groups to promote awareness and address health care inequities. Additionally, we will discuss strategies for effective patient education, with a focus on community initiatives by CalOptima Health, aimed at reducing the incidence of diabetic foot infections, wounds and amputations.

At the end of the program, attendees should be able to:

- Identify the significant impact of diabetic foot wounds and amputations on an individual's quality of life.
- Explain the substantial economic burden that diabetic foot wounds and amputations place on U.S. public and private payers, including CalOptima Health.
- Integrate the role of podiatric physicians into their practice to effectively manage diabetic foot complications and prevent diabetes-related amputations, recognizing their proven impact on nationwide amputation prevention efforts.
- Analyze disparities in diabetes-related outcomes among CalOptima Health patients, with a focus on race and socioeconomic status.
- Outline CalOptima Health's initiatives aimed at reducing diabetes-related lower limb loss in Orange County.

1.5 CME and CE Credits Offered



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EVENT INFORMATION

When:

Wednesday,
May 14, 2025

Time:

Noon–1:30 p.m.

Where:

1. In Person:
505 City Parkway
West, Orange, CA
92868, Room 109N

2. Zoom webinar

For questions,
please email
continuingeducation@caloptima.org.

Space is limited! Please
RSVP by Monday,
May 12, 2025,
through the link or QR
code below:

<https://bit.ly/415nbgZ>



Guest Speaker:

Paul Han, MS, DPM



Dr. Paul Han, MS, DPM, is a distinguished podiatric surgeon and Clinical Professor of Podiatric Surgery at City of Hope National Comprehensive Cancer Center, where he leads the institution's Diabetic Foot Program and provides specialized education on diabetic foot complications to endocrinology fellows.

Throughout his career, Dr. Han has trained more than 500 students, podiatrists and family practice residents while serving as Chief of Podiatric Residency Program at UCLA West Los Angeles Veterans Administration Hospital from 1991 to 1998. His academic contributions are substantial, with numerous peer-reviewed journal articles that delve into the complexities of diabetic foot care. His dedication extends to continuous medical education, where he has delivered countless lectures and presentations to disseminate his knowledge and strategies for managing diabetic complications.

In addition to his academic contributions, Dr. Han has served as Chairman of the Department of Surgery at South Coast Global Medical Center Hospital in Orange County since 2018. Committed to community health initiatives, he is the Director of the Diabetes Amputation Prevention Project at Serve the People Community Health Center in Orange County, where he actively works to reduce diabetes-related amputations and promote preventive care by collaborating multidisciplinary approaches to prevent diabetic foot complications.

CME Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of California, Irvine School of Medicine and CalOptima Health. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement: The University of California, Irvine School of Medicine designates this virtual activity for a maximum of **1.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure: All presenters and individuals who planned this event do not have financial interests to disclose.

California Assembly Bill 1195 and 241

This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency and implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and ACCME to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, www.meded.uci.edu/cme, for AB 1195 and AB 241 resources.

CE Accreditation Statements:

BRN — This provider has been approved by the California Board of Registered Nursing, Provider #CEP 11596 for 1.5 contact hours.

CAMFT — CalOptima Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. CalOptima Health maintains responsibility for this program/course and its content. Course meets the qualification for 1.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Provider #129350.

NCHEC — Sponsored by CalOptima Health, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 1.5 total Category I continuing education contact hours. Maximum advanced-level continuing education contact hours are 0. Provider ID #: 10167. Total Contact Hours earned: 1.5; Entry-level contact hours earned: 1.5; Advanced-level contact hours earned: 0.

AGENDA:

Noon: Welcome/ Introduction — Katie Balderas, MPH, Director, Equity and Community Health

12:05 p.m.: Guest Speaker — Paul Han, MS, DPM, Podiatric Surgeon and Clinical Professor of Podiatric Surgery, City of Hope National Comprehensive Cancer Center

1:15 p.m.: Q&A Session

1:30 p.m.: Closing

For questions, please email continuingeducation@caloptima.org.

Space is limited! Please RSVP by Monday, **May 12, 2025**, through the link or QR code below:

<https://bit.ly/415nbgZ>



In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate your request. For any special requests, please contact Quynh Tran at 657-235-6865 two weeks before the meeting date.



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